

“Hullo and Welcome to the Psychiatric Self-Diagnosis Help-Line!”

“You now have a menu of choices:

- If you are obsessive-compulsive, please press button number 1 repeatedly.
- If you are co-dependant, please ask someone else to press button 2 for you.
- If you are hysterical, press all the numbers, quickly, at random.
- If you have multiple personalities, please press buttons 3, 4, 5, 6 – and possibly even 7 as well.
- If you are delusional, please press 8 and weird things will happen to you.
- If you are masochistic, don't press any button: just wait, staying connected, and let your phone bill mount up.
- If you are dyslexic, please press 966996996669 – in exactly that order.
- If you are suicidal, please don't twist the telephone cord round your neck like that.
- If you are narcissistic, please press the “Star” button repeatedly.
- To indicate that your life is in a mess, please press the “Hash” button twice.
- If you are paranoid, we already know who you are and what you want. We'll get back to you sometime, when you are least expecting it.
- If you are anxious or stressed, press all 12 buttons: you will then be asked to perform a number of quite difficult tasks all in a very short time.
- If you are depressive, it doesn't really matter which button you press, no-one will answer: nothing will happen.
- If you are sadistic, pressing any button will make a noise that really hurts my ears. Please don't; please don't; aaarrggghhh!
- If you have low self-esteem, you won't be sure exactly which button to press, or whether you can press it hard enough, and all the operators will be too busy to speak to you anyway.
- If you have amnesia, please state your name, address, phone number, date of birth, social security number, and your mother's maiden name.
- If you are schizophrenic, please listen carefully and a nasty little high-pitched voice will tell you which numbers you should not press.
- If you are a sociopath, you will get so angry with all these choices that you will smash the receiver.
- If you have a borderline personality, hang up now, and then call again repeatedly at 3 am.
- If you have a personality disorder, any number will do for you, because you will always be pushing someone else's button.
- If you have grandiose fantasies, please don't press any button at all, because if you do, the world will blow up.

“Thank you for calling. Have a nice day!”