

The Handbook of Body Psychotherapy & Somatic Psychology

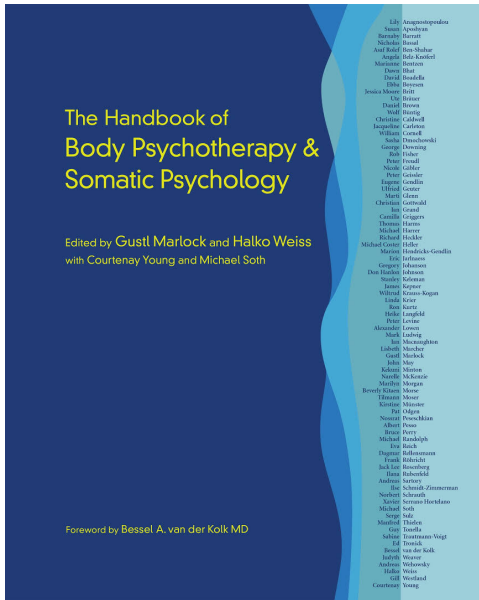
Edited by Gustll Marlock & Halko Weiss, with Courtenay Young & Michael Soth

This is a massive but definitive tome, of about **950 pages, 500,000 words, in 94 chapters from over 60 authors**. Published in Dec 2015 by **North Atlantic Books** (www.northatlanticbooks.com)

It started out as the English-language edition of the (German-language) *'Handbuch der Körperpsychotherapie'* (Schattauer, 2008), edited by Gustll Marlock & Halko Weiss. However, it soon became clear that some of the original chapters were either somewhat inadequate; didn't translate well; or were somewhat out-of-date. Several new chapters were commissioned and a lot of work was done on making the German-English translated chapters coherent in style, content, syntax & punctuation with the original English-German chapters and the new English language chapters. This new edition is being translated back into German; and possibly into some other languages as well.

It provides a comprehensive overview of many of the body-centred psychotherapies, which stress the centrality of the body to overcoming psychological distress, trauma, and mental illness. Psychologists and therapists are increasingly incorporating these somatic or body-oriented therapies into their practices, making mind-body connections that enable them to provide better care for their clients. Designed as a standard text for somatic psychology courses, *'The Handbook of Body Psychotherapy and Somatic Psychology'* contains articles and studies by respected professionals from around the world on such topics as: the historical roots of Body Psychotherapy; the role of the body in developmental psychology; the therapeutic relationship in Body Psychotherapy; and much more, as well as helpful case studies and essays on the use of Body Psychotherapy for specific disorders. This anthology will be indispensable for students of clinical and counselling psychology, somatic psychology, and various forms of body-based therapies (including dance and movement therapies), and is also an essential reference work for most practicing psychotherapists, regardless of their therapeutic orientation.

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This book has a hardback cover, is about 21 x 26 x 5 cm, and has 950 pages: ISBN: 978-1-583948415: **Amazon: \$146.50 (Aus), Kindle Edition \$94.99 (Aus).**